

Dear Volunteer:

Meals are provided. You will be sleeping in a platform tent, which is a large tent on a wooden platform. It has canvas sides and ceiling. You will be sleeping on a cot. Meal preparation is part of the training. If you have special dietary needs, please let us know and bring your own food if you must. We will provide dinner, dessert, snacks and breakfast. You will not go hungry.

Please bring the following to Overnight Outdoor Training:

Equipment list:

- Sleeping bag and pillow
- Fitted Sheet or Drop cloth (an old shower curtain will work well)
- Extra blanket if needed
- Personal toiletries—in a labeled, Ziploc bag. All toiletries are stored in a cabinet overnight.
- Flashlight
- Mess kit or equivalent: travel mug, bowl, plate and utensils (Do not bring paper)
All placed into a dunk bag (lingerie bag works well)
- Pajamas (a hooded sweat suit is good for this)
- 2 Changes of Clothing
- Sturdy outdoor shoes (pack an extra pair in case of rain)
- Hat or bandana
- Rain gear
- Camp chair—it's the more comfortable way to sit around the campfire!
- Pen/pencil
- Insect Repellant /sun screen
- Water Bottle
- Your *Adult Learning Record* card

Dress warmly and in layers. We may be outdoors the entire time. It is much cooler in the woods, especially at night, than it is at home!

When you arrive at camp, please park in the main parking lot (Fall 2012 park just past the main gate). You are responsible for carrying your own bags up to the campsite. Girl Scouts practice "Leave no Trace" camping. Please do not bring unnecessary paper supplies. Please bring your mess kit; there will be no paper plates or plastic utensils.

Directions to Camp Addisone Boyce

Coming from the North (9D)

Continue to follow New York 9D S

Slight right onto US-202 W/US-6 W/Bear Mountain Bridge Rd

Continue to follow US-202 W/US-6 W

At the traffic circle, take the 4th exit onto US-202 W/US-9W S

Slight right onto Co Road 118A/Gays Hill Rd/W Shore Dr

Sharp right onto Co Road 118/Mott Farm Rd

Destination will be on the right

Coming from the south

Take exit 13N for Palisades Pkwy N toward Bear Mtn

Merge onto Palisades Interstate Pkwy N

Take exit 15 for Rockland County 106/Gate Hill Rd toward Stony Point

Turn left onto Rte 210

Take the 2nd left onto Cedar Flats Rd/Co Road 69

Continue to follow Co Road 69

Turn right onto Co Road 69/Queensboro Rd

Take the 1st left onto Co Road 118/Mott Farm Rd

Destination will be on the left