

WINTER WHIRL 2 - CABIN MOMS & ASSISTANTS

Thank you for your interest in being part of our Winter Whirl Survival Skills Team. Below is some information you may find helpful in your decision to be one of our Cabin Moms or an Assistant. Cabin Moms need to be Overnight Outdoor Trained. The Assistant should also be OOT trained and one of the two needs to have a current First Aid & CPR card.

Cabin staff should come prepared for a Girl Scout troop camping overnight. Plan on approximately 12-15 girls assigned to your cabin. Cabins are assigned to the girls based on their grade & age. If you prefer a specific age group, please note which cabin is assigned which group of girls & sign up on that area.

The winterized toilet facilities are closed for the Winter Whirl program - except for before bedtime & morning clean-up. Showers are not available. Each cabin will be assigned a specific area of the facility that they will be responsible to clean before check-out on Sunday.

Cabin Staff will be responsible for posting a Girl Scout Kaper chart - including kapers for latrine set-up - grease filter set-up - dunk line set up, etc. Girls registered for WW2 have indicated that they are experienced with at least TWO Girl Scout overnights. Please keep in mind that not all Girl Scout overnights include these skills. We do not expect our Cabin Staff to take the time to teach these skills. What might be helpful is to share your OOT manual with them so that they can review the procedures with some of the girls in your group that have done the kapers before. Fireplace tending should **not** be one of the kapers for Winter Whirl. However, the break-down of the fire on Sunday could be - under the watchful eye of one of the adults in charge.

During the day, Cabin Staff will need to keep the fireplace going for heat - if you wish to use the wood burning stove in the cabin to supplement the fireplace - PLEASE ask for assistance in doing so unless you absolutely know how.

Each cabin will be provided with a large coffee urn to keep hot water available throughout the day for cocoa. The girls are required to bring their own mess kit, eating utensils, & mug. Therefore, there is no need for you to provide paper-ware. We are trying to encourage NO TRACE ethics: Reduce - reuse - recycle.

We have included the recipes for Winter Whirl Soup as well as our Winter Whirl Pasta. The soup needs to be ready for the girls' return to the cabin at lunchtime.

During the lunchtime break, the girls will need to begin thinking about their "Girl Scout's Own." This is a tradition that should be done with heartfelt meaning. Over the years, the girls have been misinformed as to what it should be. We will also include a copy of this information for your use. The girls will also receive this information with their confirmation packet, so they should already be aware of what is expected.

Be prepared for a fire drill at approximately 1:00 pm. The girls need to be ready to evacuate the cabin. Have them use the latrines and ready their day packs for the afternoon workshops after finishing their lunch. The Cabin Mom does not have to extinguish the fireplace & vacate - but her assistant does need to escort the group to the flagpole carrying their emergency information.

The most important responsibility of our Cabin Staff is to be sure that the girls are dressed properly and prepared with the needed items for this program. Each girl received an itemized list of what they should be wearing and what should be separated into a day pack for their workshops. We will also supply you with this packet. They need to be dressed in layers - with a hat & gloves and be sure to have a full water bottle before heading out to their workshops.

The girls (with their buddy) are permitted to return to your cabin during the day if they get wet & need to change - but they are not permitted to "hang out" there. If they are too cold, etc. they need to go to the first aid station.

Please be sure that nothing is hung over the fireplace screens to dry. Bringing along a collapsible wooden rack can be useful for this need.

Please plan to arrive no later than 7:30 am on Saturday to get the fireplace started. We are not permitted to drive on the gravel roads - so please arrange your unloading time accordingly. Wagons are available to assist you with this.

Cabin Assistants/First Aiders should be present on the Site Director porch to assist in checking in arriving participants. At this time, they will review the girls' health histories & make note of any allergies or conditions that need special attention. A copy of the history will be kept with the Cabin Assistant/First Aider.

We have included a list of items the program fee will provide for each cabin. In addition, there are some supplies that the Cabin staff will need to supply. Any expenses incurred for the cabin will be reimbursed - upon submission of receipts.

We hope to have a Cabin Staff Co-ordinator who will be working with the Cabin Staff to prepare for this year's Winter Whirl 2. She will be the contact in regards to any questions or concerns that need to be addressed.

We can't thank you enough for being willing to help where needed! Our Cabin Staff Volunteers are extremely important to the success of the Winter Whirl 2 program.

Winter Whirl Coordinators:

Christine Palillo

Debi Lapidus

WINTER WHIRL 2 MENU

Lunch-Saturday - Bring your own bag lunch and GORP
Cabin Staff will prepare Winter Whirl Soup

Dinner-Saturday - Winter Whirl Pasta (Ziti w/meatless sauce and mozzarella)
Garlic Bread
Carrots & Dip
Salad with Italian Dressing
Apple Juice
Dessert

Breakfast-Sunday - Instant oatmeal
Eggs
Rolls
Milk & Juice

Peanut Butter & Jelly sandwiches are available for each meal

Hot Chocolate and hot water always available

If you have other dietary needs, please plan for them and bring your own.

WINTER WHIRL 2 SUPPLIES

Supplies Provided: (Cabin Coordinator will inventory supplies and shop for needed items & non-perishable food)

CABIN:

napkins
paper towels
toilet paper
tissues
antibacterial hand gel
hand wipes
disinfectant spray
1 gallon water
heavy duty aluminum foil
garbage bags
large box of matches
clothesline & clothespins

FOOD:

pasta
marinara Sauce
garlic powder
apples
oatmeal
Italian dressing
rolls
juice
peanut butter
jelly
bread for sandwiches
sugar
Ranch dressing for veggie dip
parmesan cheese
salt & pepper
5 pkgs. ramen Soup
bouillon cubes

CABIN MOM PROVIDES:*

eggs
milk
orange juice
butter
carrots or veggies for dipping
salad greens
mozzarella cheese
garlic bread
dessert

*Cabin Coordinator may choose to do bulk shipping for all cabins

WINTER WHIRL SOUP

5 packages Ramen chicken Noodle Soup
5-10 Chicken Bouillon Cubes
5 Quarts (1 gal. + 1 quart) water

Crush noodles in package. Add bouillon cubes to water. Bring to a boil and add noodles. Cook 3 minutes and add seasoning packets to soup.

WINTER WHIRL PASTA

(double if necessary)

1 pound ziti or penne pasta
1 large jar sauce
1 large jar water
1/2 lb. Mozzarella cut into small pieces

From WW2 Cabin Mom 2006:

I combined 2 lbs of ziti, 2 jars of sauce, and 2 sauce jars of water in a large pot on the electric stovetop. I cooked it over medium heat until the liquid was lightly bubbling - not a full boil. Stir it every few minutes or the noodles stick to the bottom. I turned the heat to low and continued cooking until the ziti was done (I had to taste the noodles to be sure). Remove from heat and stir in the mozzarella. Let it sit for several minutes until the cheese melts (I did not cover it) - stir it to see if it's nice and stringy - that's how you know the cheese is melted.

Serve.

-Debbie Tandler