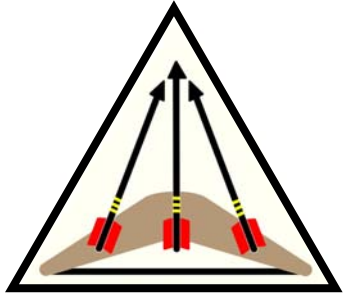


Archery Try-It

For Girl Scout Brownies



Review Safety-Wise pages 95-96 before beginning this Try-It.

There must be one adult present with current NAA (or equivalent) archery instructor certification or documented experience indicating knowledge and skill in teaching/supervising archery.

Complete two (2) activities in each of the categories (Discover, Connect, Take Action) - Take Action activity #4 must be completed. Take Action activity #4 should be completed last.

Discover:

1. Archery is a safe, fun and easy to learn sport that teaches focus, concentration and goal setting skills. Why do you want to learn to shoot archery?
2. Learn some archery warm up exercises.
3. Learn a drill that you can practice at home that will help you be a better archer.
4. The most important thing in archery is safety. Learn how to keep yourself and others safe on the archery range.

Connect:

1. One of the archery instructor's jobs is to keep everyone safe on the archery range. What are the whistle and voice commands given by the archery instructor on the archery range?
2. Go to an archery range and participate with a group of other archers your age. Show that you know how to be part of a team, waiting behind the waiting line until it is your turn.
3. Learn how to retrieve your arrows when you share a target with another archer.
4. Some people need extra help when first learning how to shoot a bow and arrow. Explain how you either helped another girl to shoot or how you asked someone to help you.

Take Action:

1. Show how to take care of archery equipment when in use and when not in use.
2. Participate in an archery tournament for your troop, service unit or summer camp program.
3. Practice keeping score when you do target shooting.
4. Explain what you learned by completing this Try-It. Did you get another person interested in trying archery?

National Leadership Outcomes addresses in this Try-It:

D-1, D-2, D-3, D-4
C-1, C-2, C-5
TA-2, TA-4, TA-5