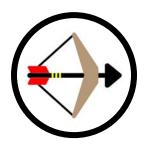
## Archery Badge

For Girl Scout Juniors



Review Safety-Wise pages 95-96 before beginning this badge.

There must be one adult present with current NAA (or equivalent) archery instructor certification or documented experience indicating knowledge and skill in teaching/supervising archery.

Complete at least 4 Discover, 4 Connect and 2 Take Action requirements including the starred requirement. Do the starred Take Action requirement last.

## Discover:

- 1. The most important thing in archery is safety. Learn the range rules for a local archery range. How do these rules compare to Safety-Wise requirements for archery?
- 2. Learn some archery warm up exercises.
- 3. Learn a drill that you can practice at home that will help you be a better archer.
- 4. Find out about at least two types of bows. Which type of bow is the safest bow and why?
- 5. What needs to be considered when an archer chooses a bow? How do you know you have the right sized bow to work with?
- 6. How much does archery equipment cost to purchase and maintain?
- 7. When was the first bow and arrow developed? How has the role of archery changed over time? Can you discover any famous archers from history, especially female archers?
- 8. How is archery commonly practiced in the USA today? In other countries? How is archery scored at international competitions such as the Olympics?

## Connect:

- 1. What are the whistle and voice commands given by the archery instructor on the archery range?
- 2. Explain how to select the proper arrow length to use.
- 3. Demonstrate the following:
  - a. How to string and unstring a bow or know 3 methods of stringing a bow.
  - b. Demonstrate the proper stance for shooting.
  - c. Demonstrate the correct way to pull an arrow from the target and how to pick up arrows from the ground.
- 4. Explain how to retrieve your arrows when you share a target with another archer.
- 5. Practice shooting at an archery range and be able to shoot at a target from a distance of 15 feet.
- 6. Score at least one archery match, either on TV or at an archery range.

## Take Action:

- 1. Show how to take care of archery equipment when in use and when not in use.
- 2. Contact a local archery group or instructor and, with advanced permission from your leader or another adult, arrange for them to provide an archery lesson for your troop or another youth program.
- 3. Volunteer at an archery tournament.
- 4. Arrange for an archery tournament for your troop, service unit or summer camp program. Outline steps, resources, and a time line. Assign responsibilities to others helping you to make the tournament happen.
- \*5. Explain what you learned by completing this badge. Did you get another person interested in trying archery?

National Leadership Outcomes addresses in this badge:

D-1, D-3, D-4, D-5, C-1, C-2, C-3, C-5, TA-1, TA-2, TA-3, TA-4, TA-5