GEAR - BRING TO EACH PRACTICE

(There is a secured area for articles left at camp)

- Dress for weather
 - Polypropylene underwear
 - Wind breaker and nylon pants
 - o Bathing suit, shorts
- Wear sneakers and wool socks
- Rain gear: jacket and pants preferred
- Change of clothes and shoes
- Sunscreen insect repellent hat—sunglasses
- Glasses/Sunglasses strap
- Snack and drink
- Paper and pencil
- Towel (s)
- Plastic bag for wet clothes, etc.
- KNEE PADS, plastic whistle, water bottle
- Large bucket with lid
- 18 feet of rope