

## GEAR LIST – FUNDAMENTALS OF CANOEING

Old clothes for swim test  
Sneakers  
Hat with brim  
Bathing Suits  
Dry clothes & shoes  
Kneepads  
Towels

Suntan lotion  
Insect Repellant  
Sunglasses

Lunch  
Water

Plastic Bags  
Your own paddle if you have one  
Bailer  
15' rope for painter  
4' string  
Sponge

Paper & Pencil  
Books  
Permission & health slips