## **GEAR LIST – FUNDAMENTALS OF CANOEING**

Old clothes for swim test Sneakers Hat with brim Bathing Suits Dry clothes & shoes Kneepads Towels

Suntan lotion Insect Repellant Sunglasses

Lunch Water

Plastic Bags Your own paddle if you have one Bailer 15' rope for painter 4' string Sponge

Paper & Pencil Books Permission & health slips Self Addressed Stamped Envelope