



### **Changes to American Red Cross CPR Programs Announced**

During the past three weeks, the American Red Cross Advisory Committee on First Aid, Aquatics, Safety and Preparedness (ACFASP) and Red Cross program development staff have reviewed the consensus on science with treatment recommendations for CPR and ECC.

Future Red Cross CPR programs for both workplace responders and professional rescuers will continue to teach full CPR with an emphasis on starting compressions sooner for adults who are in cardiac arrest. The priority for children, infants and others likely to be suffering from respiratory emergencies will be to provide rescue breaths prior to giving chest compressions. Red Cross will increase its support of hands-only CPR for citizen bystanders who witness someone who suddenly collapses. A summary of changes and FAQs are available.

Red Cross training will begin releasing in the spring of 2011 and will be broadly aligned with the new American Heart Association guidelines with some slight differences.